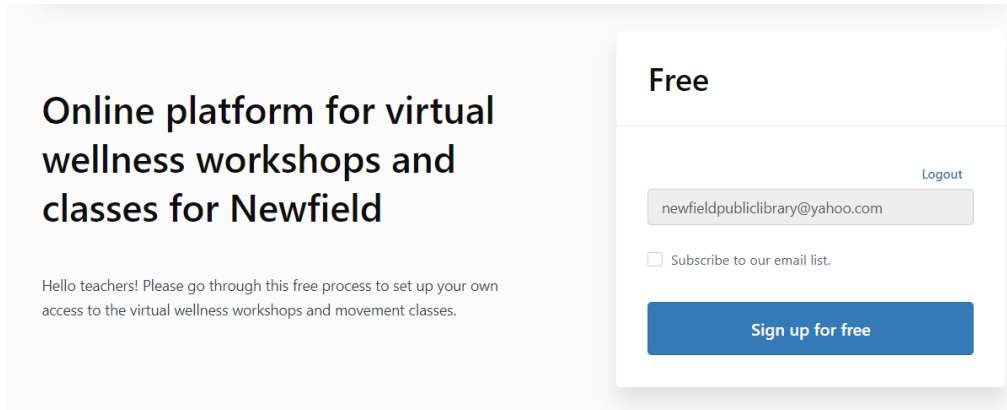


# NPL Community Cares

## Instructions to Access Free Tools

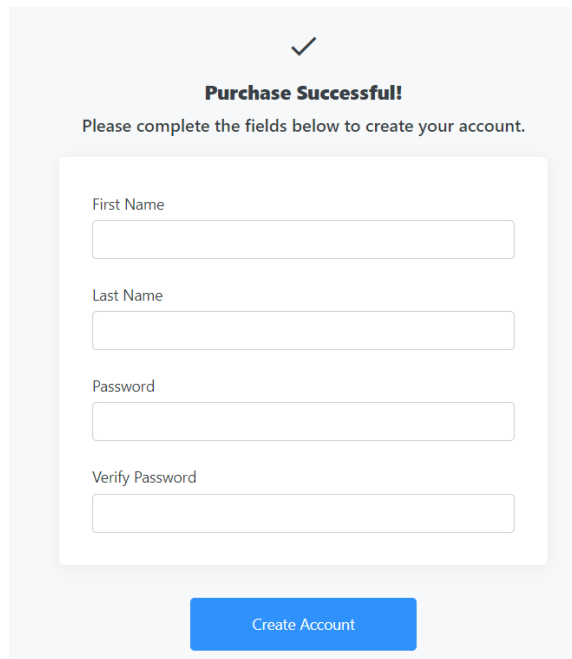
For the month of October, the entire Newfield community will have free access to the simple tools and techniques provided by our partner School of Radiant Living at Yoga Farm in Lansing through their Online Academy. This is especially useful for teachers, but everyone can access and benefit. Access is free, just follow these instructions:

After clicking [here](#), you will be prompted with the screen below to sign up. Enter your email address then select "Sign up for free".



The screenshot shows a sign-up page for an online platform. On the left, there is a heading "Online platform for virtual wellness workshops and classes for Newfield" and a sub-heading "Hello teachers! Please go through this free process to set up your own access to the virtual wellness workshops and movement classes." On the right, there is a form titled "Free" with a "Logout" link, an email input field containing "newfieldpubliclibrary@yahoo.com", a checkbox for "Subscribe to our email list.", and a blue "Sign up for free" button.

Next, you will receive a message that your purchase was successful (even though it is free). Enter your name and a password then select "Create Account":



The screenshot shows a "Purchase Successful!" message with a checkmark icon. Below the message, it says "Please complete the fields below to create your account." There are four input fields: "First Name", "Last Name", "Password", and "Verify Password". A blue "Create Account" button is at the bottom.

You will be redirected to Newfield's Yoga Farm Online Academy and should see Membership Subscription as an available course. Select View Product to see all of the recorded sessions that are available to us. There is a lot to choose from! Let us know if you would like any recommendations. If you are a teacher, be sure to check out the Educator Workshop sessions. Enjoy!